Understanding of nonverbal emotional expressions of personality as an important factor of future psychologists' effective professional activity

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Research Methodology. Using the systematic approach the results of theoretical and experimental investigations about the number of basic emotions in the psychological literature were reflected. The individually oriented approach which was called for cooperation of a student and a teacher was used for carrying out of an empirical research on the recognition of students-future psychologists' emotional facial expressions.

Results. The article deals with an extremely important problem of understanding of nonverbal emotional expressions of personality for future psychologists' effective professional activity. The article emphasizes on the absence of common point of view about the number of basic emotions in the psychological literature. Researchers allocated from four to ten fundamental (or basic) emotions. The article presents a review of the importance of the ability to understand the emotional displays of partners in communication.

Novelty. On the bases of analysis and synthesis of scientists views' about the nature and importance of emotions in human activity it was concluded that during the pedagogical process an important thing between the interaction of teachers and students was the positive emotional attitude of future professionals for educational activity and the ability to control their emotions when it was necessary.

The practical significance. On the bases of the conducted research was revealed that the success of future psychologists-practitioners' preparation for professional activity depends on the improvement of the nonverbal communication skills of a specialist. It is particularly important for a psychologist to understand the emotional displays of personality that will characterize him as a highly skilled specialist who can provide qualified psychological assistance to any client.